				Breakfast Menu Items	For The Week		
	Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
D I N N E R	Nov.19 MONDAY  Cream of Carrot  Chicken Stir fry Rice Egg roll  Mixed Vegetable	Nov.20 TUESDAY  Mushroom Soup  Stuffed Pork Roast  Mashed Potatoes  Mashed Turnip & Carrots	Nov.21 WEDNESDAY Chicken Noodle Soup Chicken Nuggets Mashed or Roasted Potatoes Broccoli	Nov.22 THURSDAY  Macaroni Soup  Pork Chops Fried Onions Apple Sauce Mashed or Baked Potatoes	Nov.23 FRIDAY  Cream of Chicken  Smoked Fish Onions & cream  Mashed /Boiled Potatoes Carrots	Nov.24 SATURDAY Barley Soup *Hawaiian sausage * Mashed Potatoes Green Beans	Nov.25 SUNDAY  Bean Soup  Bake Ham  Scalloped or Mashed Potatoes  Kernel Corn
	tapioca Pudding	Pears	Blueberry crisp	Brussel Sprout Strawberries	Jello /Whip cream	Mandarin Orange	Boston Cream Pie
S U	Cream of Carrot French Toast	* Mushroom Soup Egg Sandwich	* Fish Chowder Rolls	* Macaroni Soup *	* Cream of Chicken  Hamburger / Bun	Barley Soup Chicken on bone	Bean Soup Fish Cakes
P P E R	Sausage	Salad		Ham Casserole	Salad	Potato Salad cole slaw	Chow chow
	Chocolate Cake enu may change withou	Cottage Pudding t notice	Peaches	Banana Bread	Fruit Cocktail	Vanilla Pudding	Baked Apple
	HS Snack Menu Toast	Cookies	Nutri Bar	Rice Kripie squares	Cheese & crackers	Toast	Pudding or Yogurt